

# Practical Herbalism

BECOME A  
PRACTICAL  
HERBALIST  
THIS YEAR!



Southern Institute of  
Natural Health



## Class Begins in June

**SUNDAY** Meets one Sunday per  
month for 9 months

**JUNE** Meet & Greet  
Introduction

- ◆ Learn the body systems and which herbs have an affinity for each system!
- ◆ Plant Identification!
- ◆ Field trips!
- ◆ Flower Essences!
- ◆ Oils!



## LEARN BY DOING

- »»» TINCTURES
- »»» CAPSULES
- »»» TEAS
- »»» POULTICES
- »»» SALVES
- »»» LINIMENTS
- »»» COSMETICS
- »»» HERB GARDENING

Betty Sue O'Brian, N.D., and Nina Day, Herbalist

[Betty.obrian@gmail.com](mailto:Betty.obrian@gmail.com) or [ninaday1945@gmail.com](mailto:ninaday1945@gmail.com)

\*Spaces Limited! Reserve a space and attend the FREE introduction to the course scheduled for June 2017. Cost of course is \$600 . \$100 Deposit to hold space.

*\*Spots limited*

*SINH is accredited by the American Association of Drugless Practitioners*