

Some herbs may have multiple uses in the body. This list should help you decide which herbs you want to include in your Herbal Medicine Kit. For example, Valerian and Skullcap are often commonly used to treat nervous conditions, but their value as mild pain-relieving plants is also well known.

<p>Adrenal Glands</p> <p>Astragalus Ginger Licorice Juniper Rose Hips</p>	<p>Hair</p> <p>Ginkgo Horsetail Bears Foot Sage Oatstraw</p>	<p>Muscles</p> <p>Horsetail Stinging Nettle Wild Yam Evening Primrose</p>
<p>Auditory System</p> <p>Butcher's Broom Plantain Mullein Garlic Ginkgo Hyssop</p>	<p>Heart</p> <p>Astragalus Bilberry Cayenne Garlic Ginkgo Hawthorn</p>	<p>Nervous System</p> <p>Ashwagandha Chamomile Ginkgo Kava Valerian Siberian Ginseng Skullcap</p>
<p>Bladder</p> <p>Butcher's Broom Celery Seed Corn Silk Cranberry Horsetail Juniper Parsley Uva Ursi</p>	<p>Intestines</p> <p>Aloe Garlic Fennel Fenugreek Slippery Elm Pau d' Arco Plantain</p>	<p>Pancreas</p> <p>Bitter Orange Butcher's Broom Stevia Bitter Melon Horse Chestnut Stinging Nettle</p>
<p>Bones</p> <p>Alfalfa Horsetail Rose Hips Yucca Stinging Nettle</p>	<p>Joints</p> <p>Alfalfa Devil's Claw Garlic Horsetail Stinging Nettle Yucca</p>	<p>Respiratory System</p> <p>Dong Quai Elderberry Eucalyptus Garlic Ginger Echinacea Lobelia Rose Hips</p>
<p>Brain</p> <p>Ginger Ginkgo Gotu Kola Bacopa</p>	<p>Kidneys</p> <p>Astragalus Cordyceps Corn Silk Oat Straw Parsley Slippery Elm Uva Ursi</p>	<p>Skin</p> <p>Alfalfa Aloe Burdock Calendula Dandelion Horsetail</p>
<p>Circulatory System</p> <p>Cayenne Butcher's Broom Garlic Ginkgo Hawthorn</p>	<p>Liver</p> <p>Burdock Dandelion Fenugreek Milk Thistle Red Clover Schisandra</p>	<p>Stomach</p> <p>Aloe Chamomile Garlic Ginger</p>
<p>Eyes</p> <p>Bilberry Eyebright Ginkgo Shepherd's Purse Yarrow</p>	<p>Lymphatic System</p> <p>Burdock Dandelion Garlic Blue Flag Iris Red Clover Poke Root Cleavers</p>	<p>Thymus</p> <p>Echinacea Horsetail Licorice Stinging Nettle</p>
<p>Gall Bladder</p> <p>Barberry Burdock Dandelion Golden Rod Ginger</p>	<p>Mouth</p> <p>Goldenseal Myrrh Sage Tea Tree</p>	<p>Thyroid</p> <p>Bladderwrack Stinging Nettle Motherwort seaweed black walnut Kelp</p>

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